



Compassionate Communities

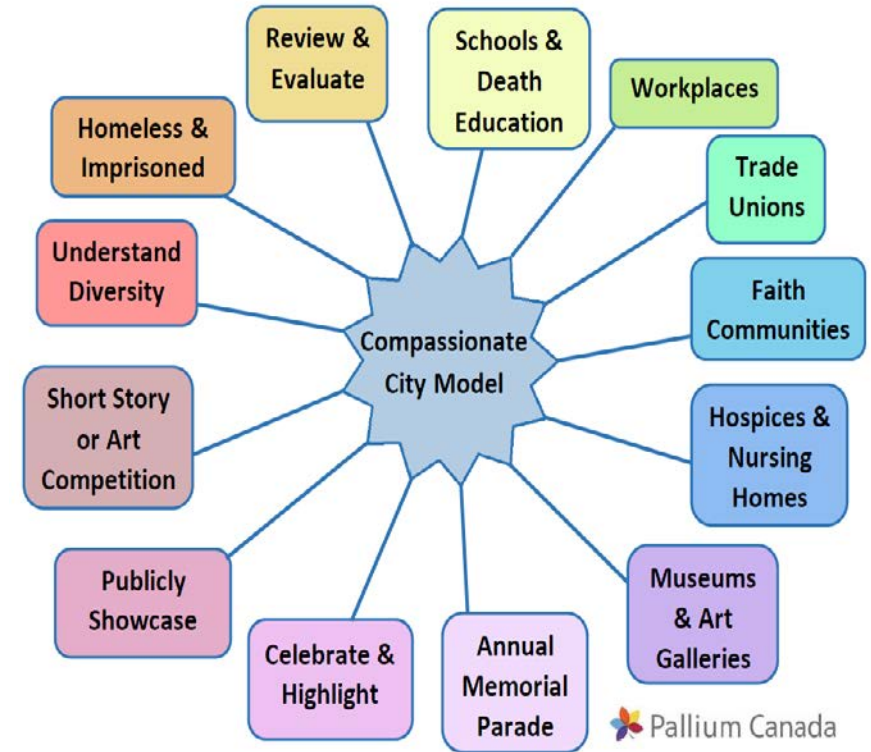
TransForm Conference | October 2-4, 2019



What is a Compassionate Community

Guiding Principles for members of a CC:

- Recognize serious illness, caregiving, dying and grieving as a part of everyone's journey, and it can happen at any time.
- Recognize care for one another through these experiences is not a task solely for health and social care professionals - it's everyone business.



Pallium's CC work is based off the **Compassionate City Charter**.

- Acts as a guide for community champions.

What would a Compassionate Community look like?

- A community of people who are passionate and committed to enhancing the experiences of those dealing with a **serious health challenge, caregiving, dying, or grieving.**
- **Community members will take an active role** in supporting people affected by these experiences and this can be done through connecting people to supports, raising awareness about end of life issues, or building supportive networks in the community.

Why Pallium is Fostering Compassionate Communities (CC)?

- Pallium is a national not-for-profit that has been building palliative care capacity for health care professionals since 2000.
- We focus on community health care workers (family physicians, home care workers, paramedics, etc.) – palliative care is everyone’s business
- “Everyone” needs to include caregivers who provide over 80% of the care for people experiencing serious illness and long-term conditions – and the communities who support them.



Pallium's key partners to foster CC

- Compassionate Communities and Community Champions
- Workplaces
- Faith Communities
- Research networks
- Evaluators
- Health Canada
- Provincial organizations supporting CC:

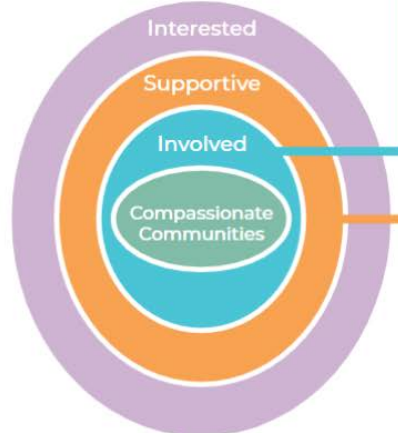


CC Challenges and Potential

Challenges and Potential	Pallium's Support
Understanding the CC concept	Created resources to increase their understanding
Securing Funding	Create guides for funding streams with tips, stats, and language they can use in their application
Accessing research and best practices	Created a digital space to share resources and dialogue
Evaluating the impact of their CC	Creating an evaluation framework designed to be used by CC with evaluation supports.
Engaging with the community	Creating tools to increase the communities' engagement with the initiative
Engaging workplaces	Create a Compassionate Workplace Campaign - creating revenue to fund future CC resources

Examples of Pallium supports: Startup Toolkit

How would you like to be connected to this Compassionate Community initiative?



Involved – want to be frequently consulted and given opportunities to provide in-depth feedback. (i.e. attending topic specific/community specific/age specific discussions/workshops/events)

Supportive – want to provide some form of support and input (i.e. attending future community forums, answering surveys and providing input online).

Interested – want to be kept informed of the progress of the initiative, but not be directly involved in the work (i.e. newsletter, informed about opportunities to participate in events)



Round Table Discussion Questions

Question 1: Current Initiatives

- Are you aware of any current initiatives that would help build/support a compassionate community? If so, please tell us more.

Question 2: Strengths

- From your own perspective, what are the strengths in our community that could help us build a compassionate community?

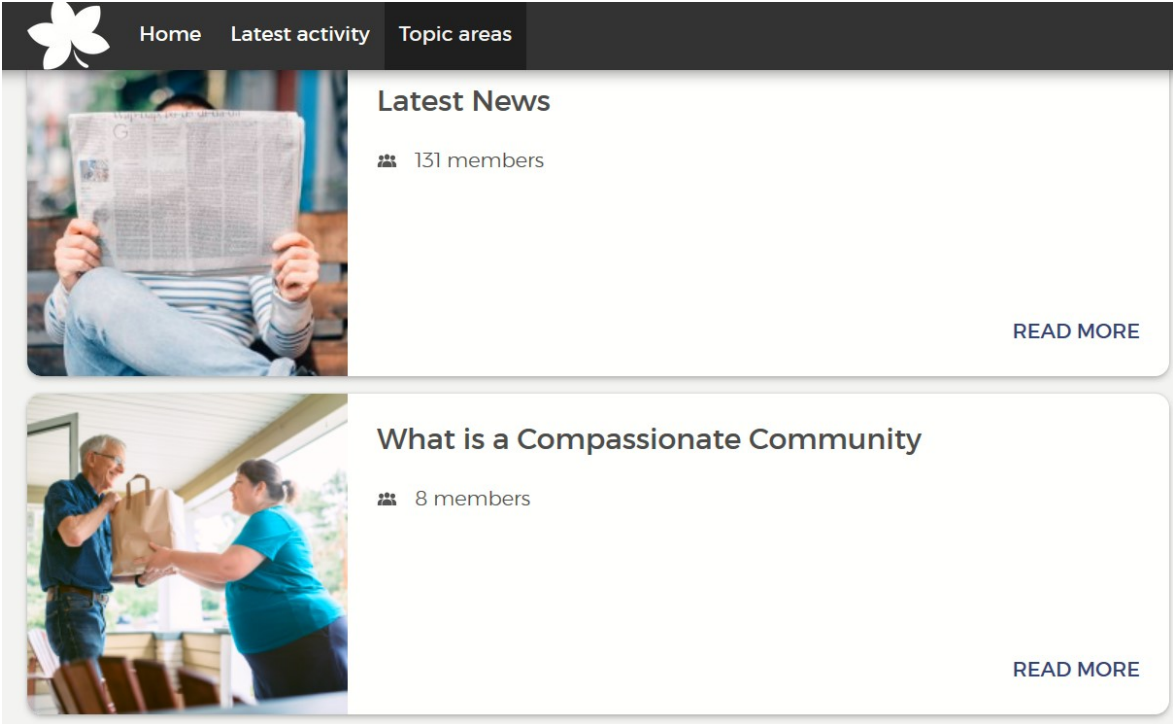
Question 3: Diverse, Inclusive Engagement

- Who needs to be at the table (and is not currently) for this initiative to be community based and inclusive?

Question 4: Individual and Organizational Support

- What strengths might you and/or your organization bring to support our compassion community initiative?

Examples of Pallium supports: Digital space



Examples of Pallium supports: Funding support

Download this document to get started!

Tab

NHSP 5000 Grant Application Guide with Pallium Information.docx

114.82 KB

Canada



4 likes



Health Canada Santé Canada

Canada

Official Languages Health Program

Call for Proposals 2019-2022

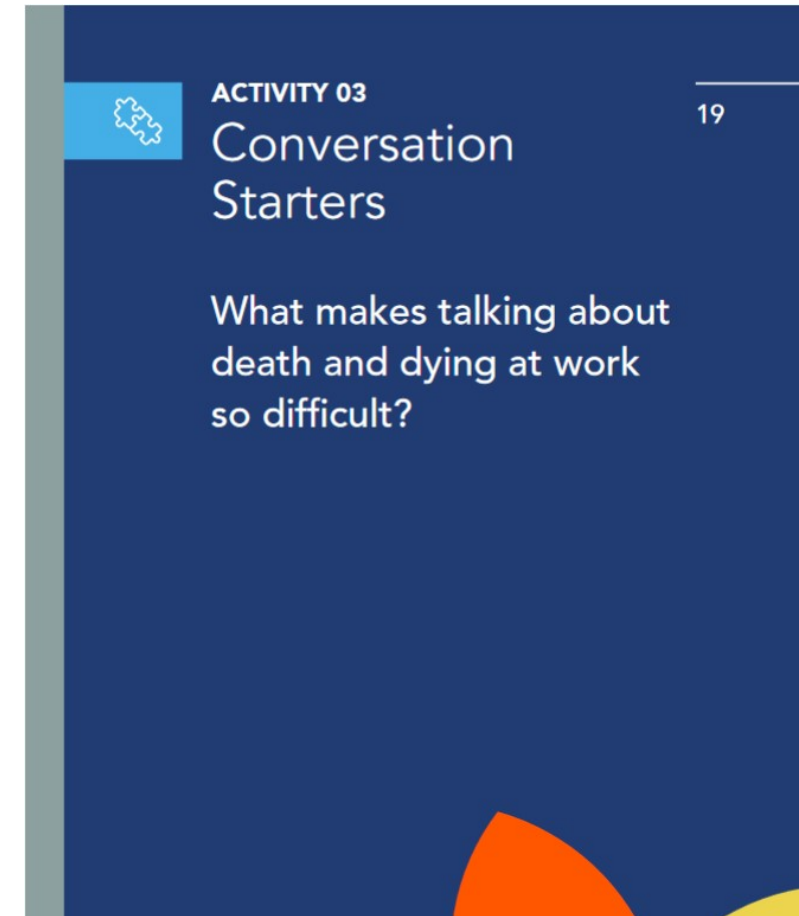
Micro-Funding to Support Compassionate Community initiatives for Official Language Minority Communities

Examples of Pallium supports in development: Compassionate Workplace Campaign

Purpose: Provide the workplace with tools to support employees experiencing caregiving, serious illness, and grieving.

Who will this support?

- Workplaces
- Compassionate Communities
- Employees



Examples of Pallium supports in development: Faith Toolkit

Purpose: Empower parishioners through knowledge and tools regarding palliative care and CC

Who can use it?

- Parishes
- Compassionate Communities

Partners include: Catholic

- Parishes
- Organizations
- University

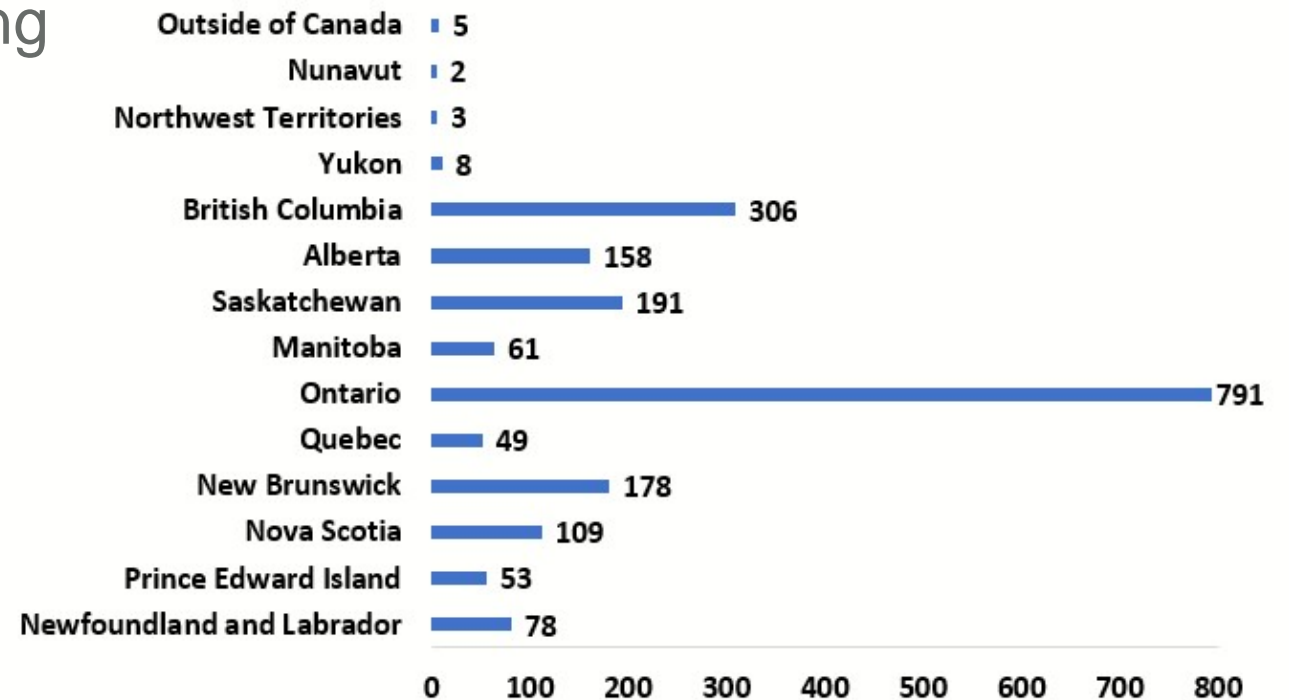
Potential Versions:

- Designed to be adapted for other faiths.

Documented changes in the CC Movement

- CC startup initiatives have seen a steady increase since 2015.
 - CCs are starting faster when using supportive resources.
- Federal and provincial governments have shown increased support for the creation of CCs.
- CCs are increasingly using best practices for sustainability.
 - E.G. Asset Based Community Development. (ABCD)

Startup Toolkit Downloads Total = 1994



How Pallium is Strengthening Communities

- Increasing community engagement regarding serious illness, caregiving, dying and grieving.
 - Reducing social isolation
- Encouraging more conversations
 - At the personal, community, and government levels
- Creating networks of support
 - Which include healthcare professionals and organizations

Creating citizens
in communities

Impact of CCs

Impact of CCs	Outcomes
Potential Outcomes	<ol style="list-style-type: none">1. Normalizing conversations regarding the death journey2. Creating supportive networks to improve Quality of Life3. Increase awareness of resources to reduce distress situations
Early Outcomes	<ol style="list-style-type: none">1. Frome – Physicians help build social network with patients2. Normalizing Conversation through<ol style="list-style-type: none">1. Community Led Advance Care Planning workshops2. Book clubs with bookmarks showcasing local database3. Compassionate City Crew – empowering volunteers to support
Evaluating the impact of CCs	<ol style="list-style-type: none">1. Create evaluation framework and toolkit for CC initiatives use<ul style="list-style-type: none">• Measuring quality of life, engagement,2. Potential to build collective impact evaluation from framework

Examples of Pallium supports in development: Evaluation Framework

Project Charter: Compassionate Community Evaluation

Partners include:

- Local level - CC initiatives
- Regional level –
 - British Columbia Centre for Palliative Care
 - Hospice Palliative Care Ontario
- National level – Pallium Canada

Can this work be replicated in another country?

Yes!

- The CC Startup toolkit has been used to create a version in the following countries:
- Australia
- United States
- Belgium

Key learnings to think about when fostering CCs

- Ensure your approach uses best practices in community development
 - E.G.ABCD
- Find and support the champions
- Resources need to be free for the volunteers.
- Language that is used – is it accessible?
- Ensure community engagement
 - Is there progression through the 5 stages?
- Support evaluation for CC champions
- As time progresses, initial leaders need to step back and moved into a supportive role, letting the citizens lead.
- Funding that is accessible and appropriate

THANK YOU



Pallium Canada